

Have fun learning and playing  
with your preschooler!



First, watch  
this week's  
video!

### Bible Story

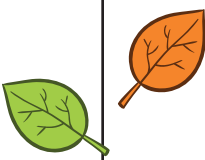
Aaron Helps Moses  
(Exodus 17:8-13)

### Remember This

"Give thanks to the  
Lord for he is good."  
Psalm 107:1, NIV

### Say This

Who is good?  
God is good.



## Activity

### Freeze Up and Down

#### What You Need

Music player and preschool music. We suggest using the monthly song, "Special" found on iTunes at [https://bit.ly/OKM\\_LoveLikeJesus](https://bit.ly/OKM_LoveLikeJesus) or on Spotify.

#### What You Do

Have your child stand in front of you. Turn the music on and ask them to dance with their arms in the air. After about 10-15 seconds, turn off the music. Ask your child to stand very still or freeze and put their arms down. Repeat the activity several times in 10-15 second increments, joining in on the fun.

Say, "Let's dance! When you hear the music, dance with your arms in the air. (*Demonstrate.*) When the music stops, freeze and put your arms down. (*Demonstrate.*) Are you ready? Let's go."

"Whew! That was so much fun! My arms are very tired. Whose arms got tired in our story today? That's right. It was Moses. God gave him family to help him. Do you remember who it was? Yes, it was his brother, Aaron, and friend, Hur. God gave us family to help, too! God is good. **Who is good? God is good!**"

## Prayer

"Dear God, family is such a special gift You have given us. We are so thankful for the way family helps us. I pray we will help our family, too. We love You, God. In Jesus' name, amen."

NOVEMBER  
2020

**Preschool**  
WEEKLY CUES

YOU GOT  
THIS!

Theme

## Thankful Tree



### REMEMBER THIS

"Give thanks  
to the Lord for  
he is good."  
Psalm 107:1, NIV

### Week Three

**Exodus 17:8-13**

Aaron helps his brother, Moses, by holding his arms up when they get weak.

### Say This

Who is good?  
*God is good.*

### Do This



### Cuddle Time

**C**uddle with your child this month and pray, "Dear God, You are so good to give us family to help us. Thank you for (family member) and the way they (how they help you/your child) and for (family member) and how they (continue naming family members and how they help). I pray (name of child) and I will help our family as much as they help us. We love You, God. In Jesus' name, amen."

Gratitude  
can transform  
common days into  
thanksgivings,  
routine jobs into  
joy, and ordinary  
opportunities into  
blessings.

—William Ward

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