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FACCALGARY   

### Summer Service Times

Saturdays 6:30 pm  
Sundays 9:15 & 11:15 am  
The Exchange: Sundays @ 5:30 pm

### Congregational Care

Please pray for those in hospital: Erik Dickson, Iris Driediger, John Kamphuis, Brenda O'Reilly, Mike Thompson, Anne Hansen, Handen Kamphuis. For updates, contact Anne Freeman 403-258-8290/afreeman@faccalgary.com.

### July Giving Update

Budget to July 31/15	Received	Required
General	\$ 341,000	\$ 149,868
Missions	64,920	24,344
Capital/Debt	62,840	22,421
		40,419

To learn more, please contact Carey Thiessen cthiessen@faccalgary.com/403-212-8844.



I was married at the young age of 22 – a marriage that lasted less than a year. We were best friends and I was excited to spend the rest of my life with him. I did not know the two years following my wedding day would be extremely difficult.

Throughout my marriage I suffered physical and verbal abuse – a topic rarely talked about. I would only confide in my parents, because I was both ashamed and in denial about my life. I used all my energy to pretend my life as a newlywed was perfect. Domestic violence feels like you are living in an invisible prison; you are controlled and harmed by the person who should love you the most.

Throughout this chapter of my life, I continually turned to Psalm 23 for comfort and strength, constantly repeating verses 1 – "The Lord is my Shepherd" – and 4 – "Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me."

Divorce is a painful process, full of loss. I lost a relationship, close friends, and my self worth. Turning to prayer and scripture reminded me that the Lord is always with me, carrying my life in His hands.

This experience has shaped who I am. God is faithful, and His word is true. "Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever." (Psalm 23:6)



# Summer REFLECTIONS

PSALM 22  
JULY 18/19, 2015



# WELCOME

*Building lives that honour God ... all for Jesus.*

NEED TO KNOW

## New or Visiting?

- If you'd like us to get in touch with you, please fill out a **Contact Card** located in the seat back in front of you.
- We're ready to answer your questions at the **Information Desk** – and we have a coupon for you to enjoy a Café drink!
- Join us **Sunday, August 9**, 9:30 am in the Action Centre for an overview of what we're about as a church at **NEXT**.

## Need Prayer?

After every service, our **prayer team** is available at the front of the auditorium. You can also ask for prayer through the **Contact Card** located in the seat back, call our prayer hotline **1-877-677-2948** or visit [www.faccalgary.com/prayer](http://www.faccalgary.com/prayer) anytime.

## Get Connected!

We'd love to help you get connected this summer with a small group for regular Bible study, prayer and community! Drop by the **Connect Desk** or contact Cory charasym@faccalgary.com/403-258-4364.

## Community Impact

You're invited to continue the journey of repairing homes and restoring lives of those who are still struggling to recover from the 2013 flood with **Samaritan's Purse** this summer in High River. Stop by the table on Main Street after the service to learn more, visit [SamaritansPurse.ca/restore](http://SamaritansPurse.ca/restore) or call 1-800-663-6500.

**Community Connect:** Do you live or work in **Lynnwood/Ogden**? We'd love to partner with you to build a positive presence in these nearby communities ... *all for Jesus!* To learn more, contact Cory Harasym [charasym@faccalgary.com](mailto:charasym@faccalgary.com)/403-258-4364.

## DiscoveryLand

**NEXT WEEKEND (July 25/26)**, Grade 1-4 students can sign in at the PreSchool desk before any of the weekend services and reconnect with friends at **Summer Blast!** For more info, contact Colleen Hoare [choare@faccalgary.com](mailto:choare@faccalgary.com)/403-258-8285.

## Students

**Grade 5&6 Students** join the main services during July & August; services will resume Sept. 12/13. Students entering Grade 7 this fall can attend JHS Summer Events! **JHS (Jr. High)** Saturday services resume September 12. Follow us @JHStudents

### JHS & SHS Summer Events

**Float the Bow: July 30** 12 noon-4 pm; drop-off/pick-up at the Glenmore underpass (Heritage Dr. westbound) \$20/person; register online (sorry, no refunds).

**SHS (Sr. High):** Wednesday services resume September 9. Follow us @SHStudents.

**Young Adults Wednesdays in the Park: July 29 & August 26**, 7 pm, North Glenmore Park West (Snowy Owl Site). "Like" us on [facebook.com/groups/thesourcefac](https://facebook.com/groups/thesourcefac).

**Need more info? Contact Sara V. (Mon.-Fri.) 403-212-8849/svanderveen@faccalgary.com or visit [www.faccalgary.com/students](http://www.faccalgary.com/students).**

## Opportunities to Serve

**Senior High Small Group Leaders:** We're looking for passionate adults who want to build in to the lives of high school students through mentoring and discipling starting in September. Please contact Dave Conrad [dconrad@faccalgary.com](mailto:dconrad@faccalgary.com)/403-258-7248.

**Funeral Luncheon Team:** Help grieving families in a tangible way by serving them and their guests refreshments following funeral services at FAC. Contact Anne F. [afreeman@faccalgary.com](mailto:afreeman@faccalgary.com)/403-258-8290.

**Sunday Parking Team:** Direct traffic once a month (10:30-11:30 am) so first-time guests are welcomed and everyone can park safely and easily! Sign up with Roy McFadyen [rmcfadyen@faccalgary.com](mailto:rmcfadyen@faccalgary.com)/403-258-4360.

**Dog Days:** Meet new friends preparing and serving food for "Dog Days" after the Saturday 6:30 pm service on **July 25** and **August 29!** Contact Gail Hunter [ghunter@faccalgary.com](mailto:ghunter@faccalgary.com)/403-258-7245.

## Support & Care

Experiencing the loss of a loved one is painful; let us walk with you in your journey. **Grief Support** will be offered Wednesdays, 7-9 pm beginning **August 26**, in Harvest Room B. No cost; an optional workbook is available for purchase through Cornerstone Resources. Register: [www.faccalgary.com/registrations](http://www.faccalgary.com/registrations) or contact Janet Loewen [jloewen@faccalgary.com](mailto:jloewen@faccalgary.com)/403-252-7572.

**Life Interrupted** is a FREE ongoing adult support group that meets Tuesdays, 6:30-8:30 pm in Room 255 (upstairs). It walks through 12 Steps & 8 Principles for moving through our hurts, habits and hang-ups towards wholeness in Jesus Christ. Drop-ins are always welcome.



#FACreflections

## Outdoor Baptisms

are **Sunday, July 26**, 2:30 pm at the boat launch near Sikome Lake in the Bow River! A *Preparing for Baptism* session is **THIS TUESDAY**, 7 pm in the Action Centre; register online or contact Janet Loewen [jloewen@faccalgary.com](mailto:jloewen@faccalgary.com)/403-252-7572. Directions are available at the Info Desk.

## Summer Serve

We give our regular **DiscoveryLand** volunteers a break over summer, so let's all dive in to help out in an Infant-Preschool classroom this **July & August**. Signing up for just 1 service, 1 weekend makes a BIG difference! Talk to someone in a **red t-shirt** after the service or visit [www.faccalgary.com/kids](http://www.faccalgary.com/kids).

## Date Night Calgary

Great marriages don't just "happen" – it takes intentionality! Together with other Calgary churches, we're challenging spouses to make **Sunday, July 26** date night. Booklets with fun ideas and conversation starters are available at the Info Desk and online: [www.faccalgary.com/couples](http://www.faccalgary.com/couples).