



Not religious, you say? Many of us carry our best offerings to the places we work, the projects we're part of. We sacrifice to earn our living and our standing. We look to our labours to bring structure and meaning to life; our efforts to define who we are. Not attending a place of worship doesn't mean we don't worship ...

- Open with prayer.
- If your group is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- I will have lived a good-enough life if I _____.
- What's one thing you're looking forward to in the future?
- Share something new or a highlight from this past week.

REVIEW

Together, open your Bibles and read from **Matthew 20:1-16**.

- Share your favourite points from the weekend sermon. What spoke to you?
- Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- How would you define busyness? How has our culture defined busyness?
- What activities keep you busy?
- Has anyone ever answered your question “How are you?” with “I’m so busy!” How does that response make you feel? How do you respond?
- When was the last time you felt like your life wasn’t busy?
- How often do we find value based on our accomplishments and our busy lifestyle?
- How would you recommend someone shift from this mindset of always being busy? What would be the alternative?
- How do you experience rest and relaxation in the midst of a busy lifestyle?
- How do these verses apply to your life? What will you do about it?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other’s prayer requests.