

# TRANSFORMED

## SPIRIT

**January 11/12**

**Speaker:** James Paton

**Scripture:** Luke 15:11-24

### **My Notes**

*(Take notes using the FAC Experience App. Tap **This Weekend**, then **Take a Note**. Notes automatically save to your phone.)*

# WEEK OF PRAYER AND FASTING

*January 13-17, 2020*

Regardless of how long or if you choose to fast, we encourage everyone to engage in 5 days of prayer January 13-17, 2020 as we seek God's transforming power individually and as a community at FAC.

Take some time this week to read through the following Scripture passages this week.

Monday	Jeremiah 29:13
Tuesday	Psalms 100:5
Wednesday	Romans 8:35-39
Thursday	Jeremiah 31:3
Friday	1 Chronicles 16:11

- **Relax.** Be still and quiet. Slow your mind and heart. Prepare your heart. Take a few deep breaths and wait on God.
- **Listen to/for God.** Ask, "Lord, what do You want to say to me?" Ask the Holy Spirit to open your eyes & heart to see God's truth.
- **Read the verse.** Read through the verse a few times. Read quietly to yourself, then read it out loud.
- **Reflect** on the verse.
  - What's impacting you from this verse?
  - What is God saying to you through this verse?
  - Is there a truth here you need to apply to your life?
- **Record what God did.** What did God say to you through this verse?

To learn more about the Week of Prayer & Fasting, visit our website <https://www.faccalgary.com/prayerfast> or the FAC Experience App.