

RESOLVE

Discussion Guide



SESSION 1

Work In

CONVERSATION STARTER

- What personal New Year's resolution have you set that you would be willing to share with the group?

DIGGING DEEPER

The start of a new year is a natural time to take inventory of our lives and examine areas for growth. Most frequently we see this played out in resolutions. However, so frequently we see resolutions lasting for such a small amount of time. We not only struggle to change but we struggle to keep our change. This series is meant not only to help us understand how we receive our change but also how we keep it.

Together, open your Bibles and read from **Philippians 1:1-11** then watch Session 1.

- What stood out to you the most from this past weekend service?

Pronounce it! Read Philippians 1:6 several times, stopping after each word of phrase. Which words or phrases stand out most prominently to you?

- Paul faced some incredible challenges. What challenges are you facing today? How have you reacted to these? In what ways have you sought to find God's perspective on your challenges?
- How do you process moments of failure in your life when change doesn't occur in the way you want it to?

SESSION 2

Work Out

CONVERSATION STARTER

- What is the best thing that happened to you this week?

DIGGING DEEPER

In chapter 2, verse 12, we are told as followers of Jesus, to work out our salvation with fear and trembling.” The Greek verb “work out” means “to continually work to bring something to completion or fruition.” We do this by actively pursuing obedience in following Jesus and becoming like him.

Together, open your Bibles and read from **Philippians 2:12-30** then watch Session 2.

- What stood out to you the most from this past weekend service?

Pronounce it! Read Philippians 2:12-13 several times, stopping after each word or phrase. Which words or phrases stand out most prominently to you?

- What does it mean for you personally to “work out your salvation with fear and trembling”? Are you doing this? How?
- In what ways do you shine forth as different from the world?
- Who have been great examples of what it means to live a life for Jesus to you?

Pronounce it! Read Hebrews 10:24-25 several times, stopping after each word or phrase. Which words or phrases stand out most prominently to you?

SESSION 3

Work For

CONVERSATION STARTER

- In your dream of the ideal life, are you more like a pioneer - always pushing on OR a settler - settling down type?

DIGGING DEEPER

As followers of Jesus, we're to live with a higher calling and a higher purpose. What's the prize we're trying to reach for? What's our target, our goal, our need for change? Where we look is where we go. God works in and through us not so we can be the best or the most successful but rather to press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

Together, open your Bibles and read from **Philippians 3:12-21** then watch Session 3.

- What stood out to you the most from this past weekend service?
- What prize is Paul after? How is he going to reach it?
- What goal are you absolutely determined to accomplish in life? How does this compare to the goal towards which Paul is pressing forward?
- If you had to compare your life to a track race, where would you be? Sitting on the sidelines? Warming up? On the starting blocks? Running the race?

Pronounce it! Read Matthew 6:19:21 several times, stopping after each word of phrase. Which words or phrases stand out most prominently to you?

SESSION 4

Work Through

CONVERSATION STARTER

- What do you look back on as one of the happiest days of your life?

DIGGING DEEPER

In Philippians 4:13 the apostle Paul writes to the Philippians saying, “For I can do everything through Christ, who gives me strength.” We learn that God has given us the ability to endure through any and all circumstances that life may throw at us. We are not alone, He is with us.

Together, open your Bibles and read from **Philippians 4:10-13** then watch Session 4.

- What stood out to you the most from this past weekend service?
- How do you think Paul would define Christian Joy? How would you know if you are experiencing such joy?

Pronounce it! Read Philippians 4:12-13 several times, stopping after each word or phrase. Which words or phrases stand out most prominently to you?

- What is Paul’s secret to being content? Where do you think he learned this from?
- How can we learn to stand firm on His promises and endure life’s most difficult challenges?
- How have you learned to be content whatever the circumstances?

