



Nothing new under the sun ... Life has its rhythms, our time organized into days, weeks, seasons — which, for the most part, repeat again and again. Comforting, perhaps, and often satisfying ... But we find ourselves wondering, “Is this all?” Why? In the midst of the secure, the predictable, the visible, why do we wish we could rise above? Why do we long for more?

This beautiful poem in Ecclesiastes 3, widely known, reminds us that time is fleeting, and so often we feel like we have little control. And yet again we are invited to change perspective; this time looking at life from the vantage point of eternity. Eternity placed in our hearts causes us to long for so much more even if we don't know what we are looking for. How do we learn to live in the moment and yet in light of eternity? How do we learn to live as though everything matters?

- Open with prayer.
- If your groups is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- When have you ever felt fearful or uncertain? What happened?
- What is your favourite season? Why?

REVIEW

Together, open your Bibles and read from **Ecclesiastes 3**.

Share your favourite points from the weekend sermon. What spoke to you? Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- What “time” do you relate to the most right now? At what “time” do you doubt that God is in control? At what “time” do you find that your faith grows?
- What does it mean that God has set eternity in the human heart? What does this say about how God created us?
- Reflecting on verse 14, what does this verse tell us about God’s nature?
- What truths about God’s character do you need to be reminded of that will help you through this time?
- What specific situation in your life right now do you need to trust God’s character? What does trusting God look like to you?
- How do these verses apply to your life? What will you do about it?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other’s prayer requests.