

Lavish

∞ how to be content ∞

Many of us struggle with discontentment. Our culture encourages it. Understanding God as our Father and provider places us in a position to learn contentment. But it's more than being thankful. This is a pro-active journey towards life with Jesus.

- Open with prayer.
- If your groups is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- What do you look back on as one of the happiest days of your life?
- Share something new or a highlight from this past week.

REVIEW

Together, open your Bibles and read from **Philippians 4:10-13**.

- Share your favourite points from the weekend sermon. What spoke to you? Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- How do you think Paul would define Christian Joy? How would you know if you are experiencing such joy?
- What is Paul's secret to being content? Where do you think he learned this from?

Pronounce it! Read Philippians 4:12-13 several times, stopping after each word or phrase. Which words or phrases stand out most prominently to you?

- How can we learn to stand firm on His promises and endure life's most difficult challenges?
- How have you learned to be content whatever the circumstances?
- How do these verses apply to your life? What will you do about it?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests.