

FINDING OUR WAY

from fear to freedom

Fear, maybe it shows up in the middle of the night or the first moments of the morning. Maybe it shows up whenever a headline pops up on your newsfeed, when the phone rings, or when you tuck your kids in at night. Fear is practically part of the family these days — which only makes sense, given the uncertainty of literally everything, right? Can we free ourselves from this most unwelcome companion?

Jesus' words in Luke 12 are pastoral and comforting while also being really challenging. Jesus diagnoses our fears and the plurality of the fears we feel (clothing, food, sustenance, care) and he reminds us of our Heavenly Father's care. Jesus doesn't stop there though, He not only instructs us on not worry but redirects our attention to what we need to step into: trusting for the marginalized and poor, relying on things that will not wear out, and having a forever treasure in Heaven ... teaching us that where our treasure is our heart will be also.

- Open with prayer.
- If your groups is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- If you were given \$1 million dollars, what would you do with it?
- What do you most often worry about?

REVIEW

Together, open your Bibles and read from **Luke 12:22-34**.

Share your favourite points from the weekend sermon. What spoke to you? Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- Have you ever caught yourself worrying about your physical needs when it didn't matter? What happened?
- In the previous verses Jesus had been talking about greed. How can greed be related to worry?
- In the first century, their main worries focused on food and clothing. What are the big worries today?
- Is there something you are currently "running after" like the pagans?
- What does seeking His kingdom look like for you personally? Relationally?
- How are you spending your resources in such a way that they are invested in the kingdom of God?
- Is there something you need to give away that would demonstrate trust, refocus your heart and help you to see God's provision? What is it?
- How would your life be different if you live the way Jesus describes in this passage?
- How do these verses apply to your life? What will you do about it?

If you or anyone you know needs help due to COVID-19, feel free to visit <https://www.faccalgary.com/i-need-help>.

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests.