

FINDING OUR WAY

in the middle of the storm



It's hard to recall a time when life has felt so out of control. The analogy of sailing through the storm seems to fit more than ever before. You might be in the eye of the storm or at the fringe but wherever you look, all you see is waves, as far as the eye can see. You're out of moves. But what if there was a way to move from waiting it out — hoping to survive — to sailing through the storm?

Michael Osterholm, an infectious disease specialist at the University of Minnesota has spoken about the storm that we find ourselves in. This is the way most people are communicating and explaining the new reality of the world surrounding COVID19. We have found ourselves in a storm of epic proportions. The challenge is that nobody knows how long this storm will last and just “waiting it out” may not be an option but what if we learned how to not only survive the storm but sail and make our way through it?

CONVERSATION STARTERS

- Have you ever been stranded by a storm or natural disaster? What happened?
- Who in your family is good at keeping calm during the storms of life? How do they do it?

REVIEW

Together, open your Bibles and read from **Mark 4:35-41**.

Share your favourite points from the weekend sermon. What spoke to you? Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- If you were one of the disciples and the boat was about to sink, what would you be thinking? What would you have done?
- What do you do when storms come up in your life? How have you been dealing with the current pandemic?
- How has your faith impacted the way you handle storms in life?
- How do you react to Jesus when he seems to be asleep in your life?
- What has been one of the most difficult personal storms you have faced? How did Jesus help?
- How can you let the words of Jesus - "Quiet! Be still!" speak to your current situation? What stress in your life do you need Jesus to calm?
- How do these verses apply to your life? What will you do about it?

If you or anyone you know needs help due to COVID-19, feel free to visit <https://www.faccalgary.com/i-need-help>.

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests. Pray for the storms that people are facing in your group.