



Food is about more than just fueling our bodies. Meals are meant to be shared, a chance to embrace connection with friends, co-workers, or family. What if we slowed down to share conversation and break bread with someone else once a day?

- Open with prayer.
- If your groups is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- What's one thing you're looking forward to in the future?
- Share something new or a highlight from this past week.

REVIEW

Open your Bibles and read from **1 Peter 4:7-11**.

- Share your favourite points from the weekend sermon. What spoke to you?
- Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- What's your favourite food to eat?
- Who do you know that has the gift of hospitality? What do you admire about them?
- What are some practical and simple ways that we can be hospitable to one another?
- Who can you share a meal with this week that you normally wouldn't?
- How can you live in the spirit?
- How does this verse apply to your life? What will you do about it?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests.