

July 15 - 16 1:21 AM

Left On *Read*

Paul's message to Philippians

Read

Ever been in a situation so dire that you can't see the light at the end of the tunnel? In times like this, joy might feel like a distant memory. But what if we could experience joy, no matter what? That's what Paul had to say to the church at Philippi, even from a dimly lit prison cell. Let's uncover what "rejoicing" really means in the face of adversity. Will we respond to Paul's example?

- Open with prayer.
- If your group is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- How did God show up in your life this week?
- What are you thankful for?
- What is causing stress in your life right now?

REVIEW

Open your Bibles and read from **Philippians 4:4-13**.

- Share your favourite points from the weekend sermon. What spoke to you?
- Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- What does this passage say? Repeat it in your own words.
- What does this passage tell you about God?
- What does this passage tell you about people (or myself)?
- How does this passage apply to your life? How can you specifically live out this passage?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests.

- How can we help one another in our group?
- Who else (outside of our group) needs our help? How can we help them?
- Who should we pray for today?