



Regrets: we all have them. Choices made, missed opportunities... What if all our past pain could turn into a fresh start? Is it really possible? Join us for a 4-part series on how to turn regret into redemption.

- Open with prayer.
- If your groups is new, give everyone time to introduce themselves.

## **CONVERSATION STARTERS**

- How did God show up in your life this week?
- What are you thankful for?
- What is causing stress in your life right now?

## **REVIEW**

Open your Bibles and read **2 Samuel 11:1-12:13**.

- Share your favourite points from the weekend sermon. What spoke to you?
- Share a phrase or moment that you related to the most, or a question you may have from the weekend.

## **DISCUSSION QUESTIONS**

- What does this passage say? Repeat it in your own words.
- What does this passage tell you about God?
- What does this passage tell you about people (or myself)?
- How does this passage apply to your life? How can you specifically live out this passage?

## **PRAISE & PRAYER POINTS**

Share what God is doing in your life and spend some time praying for each other's prayer requests.

- How can we help one another in our group?
- Who else (outside of our group) needs our help? How can we help them?
- Who should we pray for today?