



40
Days
in the **WORD**

WORKBOOK



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W 40 Days in the WORD



Welcome to *40 Days in the Word*! I've been looking forward to this experience for a few months now. I started reading my Bible when I was a kid. Fortunately I had one with colour pictures so when I was confused at least I could entertain myself! The reality is that many of us struggle to understand what we read at times. At other times it can be hard to know just what I'm reading has to do with real life. How do I apply the Bible in my world?

These next 40 days are going to be an adventure of reading, understanding, and applying together. We are going to encounter different ways to read and study the Bible, allow it to really impact our lives, and I pray, be amazed at what God will teach us. Whether you're new to Bible reading or 'well versed' this is going to be a journey you'll want to participate in. God has something to teach all of us at FAC and I'm excited to find out what.

So, grab your resources, participate in a group, and join this New Year adventure with Jesus!

– *Pastor James Paton*

Using This Workbook

Our desire is that every day you and your group fall deeper in love with Jesus. This workbook is designed to help everyone grow deeper in their understanding and knowledge of God through reading the Word of God. You'll also be challenged to put your faith into practice!

Each week, you'll find a different Bible study method from Rick Warren's *Bible Study Methods* that we want you to focus on throughout your time together. Learning to live all for Jesus is a wonderful and fulfilling journey and these sessions will help you do just that!

Each session begins with a few questions you're more than welcome to use to get the conversation rolling. After that, watch the teaching and follow through with the Digging Deeper section. Following Digging Deeper, you'll be doing the Micah 6:8 Project, which is a practical outreach initiative. At the end of your time together, finish with a prayer, simply thanking God for the time together and for the ability to learn more about Him. Open up for praise reports and prayer requests and add to the prayer whatever else God may be placing on your heart. Remember silence is okay; there's no hurry when praying! We pray this workbook will help you understand more about your Bible and what it means to live a life that honours God, all for Jesus!

During the week you'll do Daily Devotions to put into practice what you've learned during your small group time. It's important to be consistent and not get discouraged if you miss a day. Pick up with the current day and keep moving forward. Overall we hope these Bible study methods will help us all become hearers and doers of God's Word.

Here's a brief explanation of the features of this workbook:



To Begin: You'll open each meeting with a few questions to help focus everyone's attention on the theme of the session.



Memory Verse: Each week you'll find a different key Bible verse for your group to memorize together.



Video Lesson: There's a Video Lesson from our pastors for the group to watch together each week. Fill in the blanks in your workbook as you watch the video.



Digging Deeper: Following each video lesson, you'll find Digging Deeper questions for group discussion. Don't feel like you need to answer every question. If you don't get through all of the discussion questions, don't worry about it.



Live it Out: The Micah 6:8 Project is a practical outreach initiative for yourself, your group or both. As a church we'll be doing a church wide initiative, but we want you to do one as a group too. As followers of Jesus, we want to be hearers and doers of the Word. The Micah 6:8 Project is an exercise that will help your group put the Word of God into practice.



Praise & Prayer Points: At the end of each session you'll find space to list your praise and prayer points. Don't forget to pray for each other throughout the week.



Daily Devotions: This section contains daily quiet time instructions that will enable you to practice the various study methods from each week. Over the course of the *40 Days in the Word* series, we'll spend time reading and reflecting on Philipians, Mark, James and Psalm 1. Daily Devotions and the Daily Bible Reading can be found on the First Alliance Church App, "FAC Experience." Feel free to use this workbook or a journal of your own to record your thoughts.

Session 1: Pronounce It!



To Begin

If you're meeting for the first time, go around the circle and introduce yourselves. Have each person share an interesting fact about themselves and answer the following questions:

- When did you receive your first Bible?
- What are you hoping to get out of this series?



Memory Verse

Let the word of Christ dwell in you richly. Colossians 3:16a (NIV)

Watch SESSION ONE now and take notes in your workbook or journal.



Video Lesson 1: Pronounce It!

The Bible is living and active and has the ability to transform us in ways that go beyond our understanding. The more time we spend with God and reading His Word, the more we can grow in our knowledge and understanding of Him. However, God wants us to be both hearers and doers of the Word. We need to share the message of Jesus not only by what we say, but by how we live out our lives on a day to day basis.

All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, and for instruction in righteousness, so that the people of God may be complete, thoroughly equipped for every good work. 2 Timothy 3:16-17 (NIV)

The ultimate purpose of the Bible is to _____ .

BASIC PRINCIPLES OF BIBLE STUDY:

1. Ask the _____ .
2. Write down _____ .
3. Don't just interpret it, _____ .
4. Study it _____ .
5. Read it _____ .

You can summarize the devotional study method in one word:

_____ .

Do not let this book of the law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

Joshua 1:8 (NIV)

Oh, how I love Your law! I meditate on it all day long.

Psalms 119:97 (NIV)

As followers of Jesus, we need to learn to meditate, think about, and reflect on the Word of God on a daily basis. The Word of God is our foundation for truth. Meditating and reflecting on the Word of God helps us learn what it says and helps us understand how we can apply it to our lives.

THE “PRONOUNCE IT!” METHOD OF BIBLE STUDY

Read the verse over and over again. After each time, emphasize a different word or phrase. After each word or phrase, stop and write down your thoughts.

Let the word of Christ dwell in you richly. Colossians 3:16a (NIV)

LET the word of Christ dwell in you richly.

Let the **WORD** of Christ dwell in you richly.

Let the word of **CHRIST** dwell in you richly.

Let the word of Christ **DWELL** in you richly.

Let the word of Christ dwell **IN** you richly.

Let the word of Christ dwell in **YOU** richly.

Let the word of Christ dwell in you **RICHLY**.



Digging Deeper

- What stood out to you the most from the video session?

In this time together, we'll go over the **Pronounce It!** Bible study method. As a group, practice the **Pronounce It!** method using the first part of Colossians 3:15: ***And let the peace that comes from Christ rule in your hearts.*** Take turns reading out the Scripture emphasising different parts of this verse. Try reading it in a different translation.

- What word or phrases stood out to you the most? Why?

- Why do we often find it difficult to slow down and meditate on God's Word?

- How does this verse apply to your life right now? What do you need to do or stop doing in order to let the word of Christ dwell in you richly?

Spend some time sharing with each other about what God has revealed to you from His Word.

Living it Out: The Micah 6:8 Project

As a group, practice the **Pronounce It!** method on Micah 6:8. Take turns reading through this verse putting your emphasis on different words or phrases.

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

Micah 6:8 (NIV)

- What word or phrases stood out to you the most?
- What does this verse mean to you?
- As followers of Jesus, what can we do to put this verse into practice?

In James 1:22 it says: ***But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.*** The Christian life is more than Biblical study, we want to be doers of the Word as well. That's what the Micah 6:8 Project is all about. It helps us to not only be hearers of the Word but to put the Word into practice. Yes, it can be hard, but this is what we're called to do. It's important to put into practice the lessons we learn from Scripture and that's what the Micah 6:8 Project is all about.

Over the next 40 days, we want to encourage your group to think about, plan, and carry out an outreach project that we are calling the Micah 6:8 Project. We are doing a church-wide project and maybe there's something you can do as a group. What you do is up to you. In the back of this workbook, you'll find a list of opportunities around Calgary to help give you some ideas. You don't have to make a decision today, but get started by thinking about some possibilities together.

Your project will become a major focus for your group over the next 40 days. Here's how you can get started.

1. Recruit a group member to lead the Micah 6:8 Project. This person will help keep moving everything forward.

Our Micah 6:8 Project Lead is: _____.

2. Review the **Micah 6:8 Projects** in the back of the workbook to find examples and ideas for a project for your group to undertake.

What ideas stood out to you the most?



Daily Devotions (Days 1-7)

During 40 Days in the Word, you'll be reading about one chapter a day in the Bible. You may read at your own pace, but we suggest you apply each week's method of Bible study to that day's recommended verse or passage. Download the First Alliance Church App, "FAC Experience," tap **40 Days in the Word**, and follow the **Daily Devotions** on your device.

This week in your daily quiet time we will be reading through Philippians. On the app, tap the **Bible** tab, and follow the 40 Days in the Word **Reading Plan**. Don't rush through the Scripture readings. It's important that we slow down and learn what it means to meditate on Scripture. Take your time as you read through the Scripture. Let the Word of God speak to your spirit. You may be surprised at what God will say.

As you read the designated Scripture each day, practice the Pronounce It! method on the recommended verse for each day. As you spend time on each verse, write down your thoughts and learn to listen to the Holy Spirit within you. Think about how each verse can have an impact on what you say and do.

If you miss a day, don't feel discouraged. Just start on the current day and move forward.

JANUARY 11, 2016 — DAY 1: PRONOUNCE IT!

Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6 (NIV)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 12, 2016 — DAY 2: PRONOUNCE IT!

Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Philippians 1:27a (NIV)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 13, 2016 — DAY 3: PRONOUNCE IT!

For God is working in you, giving you the desire and the power to do what pleases Him. Philippians 2:13 (NLT)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 14, 2016 — DAY 4: PRONOUNCE IT!

... I press on to take hold of that for which Christ Jesus took hold of me.
Philippians 3:12b (NIV)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 15, 2016 — DAY 5: PRONOUNCE IT!

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6 (NIV)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 16, 2016 — DAY 6: PRONOUNCE IT!

I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 17, 2016 — DAY 7: PRONOUNCE IT!

My God will meet all your needs according to His glorious riches in Christ Jesus.

Philippians 4:19 (NIV)

Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

Session 2: Picture It!



To Begin

- Share an insight from your daily devotional that you gained from Philippians by using the Pronounce It! method.
- What's your favourite book turned into a movie? Would you rather read the book or see the movie?



Memory Verse

Open my eyes that I may see wonderful things in Your law.

Psalm 119:18 (NIV)

Watch SESSION TWO now and take notes in your workbook or journal.



Video Lesson 2: Picture It!

Seek first His kingdom and His righteousness, and all these things will be given to you as well. Matthew 6:33 (NIV)

PRIVILEGES OF A QUIET TIME

- We give _____ to God.
- God _____ our devotion.
- God _____ our devotion.
-

"Here I am! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in and eat with him, and he with Me." Revelation 3:20 (NIV)

- We get _____ from God.

Show me Your ways, O Lord, teach me Your paths; guide me in Your truth and teach me, for You are God my Saviour, and my hope is in You all day long.

Psalm 25:4-5 (NIV)

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.

Proverbs 3:5-6 (NIV)

- We gain _____ in God.

You fill me with joy in Your presence. Psalm 16:11 (NIV)

I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord. Philippians 3:8 (NIV)

- We grow _____ God.

KEY INGREDIENTS OF A QUIET TIME

1. Start with the proper _____.

The Lord does not look at the things man looks at. Man looks at the outward appearance, but the Lord looks at the heart. 1 Samuel 16:7 (NIV)

- Come with _____.
 - Come with _____.
 - Come with _____.
 - Come with _____ to obey.
2. Select a specific _____.
 - The best time is when your _____.
 3. Choose a special _____.

Jesus went out as usual to the Mount of Olives, and His disciples followed Him. Luke 22:39 (NIV)

4. Follow a simple _____.

HOW TO HAVE A QUIET TIME

1. Wait _____.
2. Pray _____.

Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24 (NIV)

Open my eyes that I may see wonderful things in Your law.
Psalm 119:18 (NIV)

3. Read _____.
4. _____ and _____.
5. Write down _____.
6. Have _____.

Give all your worries and cares to God, for He cares about you.

1 Peter 5:7 (NLT)

THE “PICTURE IT!” METHOD OF BIBLE STUDY

This method works best when you’re reading a narrative passage, story, or parable.

- Picture the biblical scene in your mind. See yourself as one of the people in the story. Ask yourself, “How would I feel if I were involved in this situation? What would I say? What would I do?” Then see yourself as a different character in the story and ask yourself the same questions again.
- Ask yourself, “With whom in the story do I identify most clearly, and how does their situation resonate with my life right now? What is God trying to say to me? What does He want me to do?”
- Then take a few minutes to write down your thoughts, observations, questions, and any steps you need to take.

Scripture comes alive to you and you see it in a whole new way.

Digging Deeper

- What stood out to you the most from the video session?

In our time together, we are going to be going over the Picture It! Bible study method. Practice the Picture It! method of Bible study, using the story of the paralytic from Mark 2:1-12. Together, open your Bibles and read from Mark 2:1-12.

- Which of the people in the story do you most identify with? Work your way through each of these scenarios:

Picture yourself as the man on the mat . . .

What emotions or feelings come to mind? What are you thinking about? How do you relate to the man on the mat? Do you need help getting to Jesus?

Picture yourself as one of the men on the roof . . .

What emotions or feelings come to mind? What are you thinking about? How do you relate to the men on the roof? Who needs your help finding their way to Jesus? What is blocking the way?

Picture yourself as one of the people in the crowd . . .

What emotions or feelings come to mind? What are you thinking about? How do you feel about seeing the man lowered right in front of you? How do you relate as one of the people in the crowd?

Living it Out: The Micah 6:8 Project

As a group, practice the **Picture It!** method using Micah 6:8.

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.
Micah 6:8 (NIV)

- What does it look like to act justly, love mercy, and walk humbly with God?

In our last session, we introduced you to The Micah 6:8 Project and asked you to recruit a Project Lead to get your group started. Take the time and discuss the following as a group.

- Discuss your options and decide what your group's project will be.
- Figure out when you're going to do this project. Consider doing it before the end of the series as we would love to hear your story. How long will it take to plan? How much time will it require? Is this a one-time activity or an ongoing service opportunity?
- What talents, abilities, experiences, resources, and relationships are available in your group to help meet the need?
- Determine what kinds of resources will be required. Make a plan. Divide up responsibilities and assign tasks. If you're in need of resources, talk to one of the pastors.
- What questions still need to be answered?



Daily Devotions (Days 8-14)

If you haven't already, you can download the First Alliance Church App, "FAC Experience," tap 40 Days in the Word, and follow the Daily Devotions on your device.

This week in your daily quiet time, read the first seven chapters of the Gospel of Mark. On the app, tap the Bible tab and you'll see the Reading Plan to follow the 40 Days in the Word Reading Plan. Using the steps for a quiet time, practice the Picture It! method with the recommended Scripture passages below. Be sure to write down your thoughts and observations about how each passage applies to your life.

If you miss a day, don't let that discourage you. Just pick up with the current day and keep moving forward.

JANUARY 18, 2016 — DAY 8: PICTURE IT!

Jesus heals a leper - Mark 1:40-45

Put yourself in the story as each of the characters.

Be the leper: What are you desperate for God to do in your life?

Be Jesus: Are you willing to touch "untouchable" people?

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 19, 2016 — DAY 9: PICTURE IT!

Jesus heals a man with a shriveled hand - Mark 3:1-6

Put yourself in the story as each of the characters.

Be the man with the shriveled hand: Are you disabled in any part of your life?

Be the Pharisee: Are you bothered when someone breaks the rules or does something out of the ordinary?

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 20, 2016 — DAY 10: PICTURE IT!

Jesus calms the storm - Mark 4:35-41

Put yourself in the story as each of the characters.

Be a disciple: Has Jesus ever led you into a storm? Does it ever seem like He is asleep?

Be in one of the other boats (verse 36): Have you ever been caught up in someone else's storm?

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 21, 2016 — DAY 11: PICTURE IT!

Jesus raises a dead girl and heals a sick woman - Mark 5:21-43

Put yourself in the story as each of the characters.

Be Jairus.

Be the woman.

Be the girl.

Be a disciple.

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 22, 2016 — DAY 12: PICTURE IT!

Jesus feeds the 5,000 - Mark 6:35-44

Put yourself in the story as each of the characters.

Be a disciple.

Be a member of the crowd.

Be the boy (see John 6:9).

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 23, 2016 — DAY 13: PICTURE IT!

Jesus walks on water - Mark 6:45-51

Put yourself in the story as each of the characters.

Be a disciple in the boat.

Be Peter.

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 24, 2016 — DAY 14: PICTURE IT!

Jesus heals a deaf and mute man - Mark 7:31-37

Put yourself in the story as each of the characters.

Be the deaf and mute man.

Be one of the man's friends.

With which character do you most relate?

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

Session 3: Probe It!



To Begin

- What did you like about the **Picture it!** method? What stood out to you the most from your daily devotions this past week?
- Are you more of a visual or auditory learner? How does that affect how you read the Bible?



Memory Verse

Do not merely listen to the word, and so deceive yourselves. Do what it says. James 1:22 (NIV)

Watch SESSION THREE now and take notes in your workbook or journal.



Video Lesson 3: Probe It!

Sanctify them through Thy truth: Thy word is truth. John 17:17 (KJV)

Bible study without application is dangerous because . . .

Knowledge puffs up, but love builds up. 1 Corinthians 8:1 (NIV)

- Knowledge produces _____.
- Knowledge requires _____.

Do not merely listen to the word, and so deceive yourselves.

Do what it says. James 1:22 (NIV)

- Knowledge increases _____.

Anyone, then, who knows the good he ought to do and doesn't do it, sins.

James 4:17 (NIV)

Applying the Bible can be difficult because . . .

- It requires _____.
- Satan _____.
- We naturally _____.

THE APPLICATION BRIDGE

Ask these questions and learn how to apply God's Word.

Ask: What did it _____?
 What is the _____?
 How does it _____?

In your letter you asked me about food offered to idols. All of us know something about this subject. But knowledge makes us proud of ourselves, while love makes us helpful to others. In fact, people who think they know so much don't know anything at all ... Even though food is offered to idols, we know that none of the idols in this world are alive. After all, there is only one God ... Not everyone knows these things. In fact, many people have grown up with the belief that idols have life in them. So when they eat meat offered to idols, they are bothered by a weak conscience. But food doesn't bring us any closer to God. We are no worse off if we don't eat, and we are no better off if we do. Don't cause problems for someone with a weak conscience, just because you have the right to eat anything. You know all this, and so it doesn't bother you to eat in the temple of an idol. But suppose a person with a weak conscience sees you and decides to eat food that has been offered to idols. Then what you know has destroyed someone Christ died for. When you sin by hurting a follower with a weak conscience, you sin against Christ. So if I hurt one of the Lord's followers by what I eat, I will never eat meat as long as I live. 1 Corinthians 8:1-2, 4, 7-3 (CEV)

- **What did it mean then?** Don't eat meat offered to idols if it offends someone. Even though you know there's nothing wrong with it, it's not the loving thing to do.
- **What is the timeless truth?** Don't allow your freedom to offend someone. Just because you know something is okay to do doesn't mean you should do it. You need to be sensitive to the people around you.
- **How does it apply now?** Is there anything I am doing out of selfishness that could be causing someone to stumble?

Don't just think about it, write it down! Be sure to keep track of any insight or applications that you've discovered in your Scripture reading.

THE “PROBE IT!” METHOD OF BIBLE STUDY

S.P.A.C.E.P.E.T.S.

- S** – Is there a _____ to confess?
- P** – Is there a _____ to claim?
- A** – Is there an _____ to change?
- C** – Is there a _____ to obey?
- E** – Is there an _____ to follow?
- P** – Is there a _____ to pray?
- E** – Is there an _____ to avoid?
- T** – Is there a _____ to believe?
- S** – Is there _____ to praise God for?

Digging Deeper

- What stood out to you the most from the video session?
- Why do you think Bible study without application is dangerous?

As a group, practice the **Probe It!** method of Bible meditation by applying the S.P.A.C.E.P.E.T.S. questions to Micah 6:8. Write down your thoughts and applications. You might not be able to answer every question. Don't force it. If you can't think of an answer, just move on.

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.
Micah 6:8 (NIV)

- S** – Is there a sin to confess?
- P** – Is there a promise to claim?
- A** – Is there an attitude to change?
- C** – Is there a command to obey?
- E** – Is there an example to follow?
- P** – Is there a prayer to pray?
- E** – Is there an error to avoid?
- T** – Is there a truth to believe?
- S** – Is there something to praise God for?



Daily Devotions (Days 15-21)

If you haven't already, you can download the First Alliance Church App, "FAC Experience," tap **40 Days in the Word**, and follow the Daily Devotions on your device.

This week in your daily quiet time, read the second half of the Gospel of Mark. Using S.P.A.C.E.P.E.T.S. questions, practice the Probe It! method with the recommended Scripture passages below. Be sure to write down your thoughts and observations about how each passage applies to your life. Use Application Bridge principles to help you discover the application. **"What did it mention? What is the timeless truth? How does it apply?"** Don't forget to write it down! On the app, touch the **Bible** tab, and you'll see the Reading Plan to follow the 40 Days in the Word **Reading Plan**.

If you miss a day, don't let that discourage you. Just pick up with the current day and keep moving forward.

JANUARY 25, 2016 — DAY 15: PROBE IT!

Jesus teaches about taking up your cross - Mark 8:34-38

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

JANUARY 26, 2016 — DAY 16: PROBE IT!

Who is the greatest in the Kingdom of God? — Mark 9:33-35

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

JANUARY 27, 2016 — DAY 17: PROBE IT!

Jesus meets the rich young man — Mark 10:17-31

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

JANUARY 28, 2016 — DAY 18: PROBE IT!

We must forgive to be forgiven — Mark 11:25

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

JANUARY 29, 2016 — DAY 19: PROBE IT!

A woman anoints Jesus with perfume — Mark 14:3-9

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

JANUARY 30, 2016 — DAY 20: PROBE IT!

The crucifixion – Mark 15:33-39

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

JANUARY 31, 2016 — DAY 21: PROBE IT!

The resurrection – Mark 16:1-20

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

Session 4: Paraphrase It!



To Begin

- How have your daily devotions been going so far? Are you feeling encouraged or discouraged?
- Is there anything you'd like to share from your past week's daily devotions in Mark?
- Share a highlight from the past week.



Memory Verse

I have hidden Your word in my heart that I might not sin against You.

Psalm 119:11 (NIV)

Watch SESSION FOUR now and take notes in your workbook or journal.



Video Lesson 4: Paraphrase It!

COMMON PROBLEMS IN A DAILY QUIET TIME

1. The problem of _____

What should you do?

- Go to bed _____.
- Get up _____.
- Be aware of _____.
- Go to bed with _____ on your mind.

Blessed is the man ... who delights in the law of the Lord, and on His law he meditates day and night. Psalm 1:1-2 (NIV)

2. The problem of _____

Common Causes of Spiritual Dryness:

- _____
- Your _____ condition
- Trying to _____ in a hurry
- Being in a _____

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Galatians 6:9 (NIV)

3. The problem of _____

What should you do?

- Be sure you are thoroughly _____.
- Read and pray _____.
- _____ while praying.
- _____ what God is saying to you.

4. The problem of _____

What should you do?

- Make a _____ with God.
- Put it into your _____.
- Be prepared for the devil's _____ and _____.
- Leave your Bible _____.
- Rely on the _____.

THE "PARAPHRASE IT!" METHOD OF BIBLE STUDY

- Read the verse or passage over and over.
- Think about what God is saying to you.
- Put it into your own words.
- Search your heart to see how the verse applies to you.
- Talk to God about it.

The **Paraphrase It!** study method helps put the passage of Scripture into our own words. By putting Scripture into our own words, we gain a clearer understanding of what it means and what the Scripture is trying to say to us. Write back to God what you heard Him say to you and use your own words.

Digging Deeper

- What stood out to you the most from the video session?

As a group, practice the Paraphrase It! method of Bible meditation using Hebrews 4:12 (NIV).

For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Hebrews 4:12 (NIV)

Read the verse several times. What is God saying to you in this passage?

Put it into your own words.

How does this verse apply to you, and what will you do about it? How willing are you to let the Word of God do its work in you? Is this something you fear or look forward to?

 **Living it Out: The Micah 6:8 Project**

As a group, practice the Paraphrase It! method on Micah 6:8. What is God saying to you in this passage? Put it into your own words.

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.
Micah 6:8 (NIV)

Take a few moments to discuss your **Micah 6:8 Project**.
What are your next steps?

 **Praise & Prayer Points**

If you're struggling in your daily quiet time, ask your group to pray for you.
Pray about your group's **Micah 6:8 Project**.



Daily Devotions (Days 22-28)

If you haven't already, you can download the First Alliance Church App, "FAC Experience," tap **40 Days in the Word**, and follow the Daily Devotions on your device.

This week in your daily quiet time, read The Book of James. It's only five chapters long. There's no need to rush your way through the book. Take your time. On the app, tap the **Bible** tab, then tap **Reading Plan** to follow the 40 Days in the Word Reading Plan.

Practice the **Paraphrase It!** method using the seven suggested passages below. Be sure to write down your thoughts and observations about how each passage applies to your life.

If you miss a day, don't let that discourage you. Just pick up with the current day and keep moving forward.

FEBRUARY 1, 2016 — DAY 22: PARAPHRASE IT!

Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete, not lacking anything. James 1:2-4 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 2, 2016 — DAY 23: PARAPHRASE IT!

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. James 1:19-20 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 3, 2016 — DAY 24: PARAPHRASE IT!

Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

James 1:22-25 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 4, 2016 — DAY 25: PARAPHRASE IT!

In the same way, faith by itself, if it is not accompanied by action, is dead. But someone will say, "You have faith; I have deeds." Show me your faith without deeds, and I will show you my faith by what I do. James 2:17-18 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 5, 2016 — DAY 26: PARAPHRASE IT!

Who is wise and understanding among you? Let him show it by his good life, by deeds done in the humility that comes from wisdom. James 3:13 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 6, 2016 — DAY 27: PARAPHRASE IT!

Humble yourselves before the Lord, and He will lift you up. James 4:10 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How does this verse apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 7, 2016 — DAY 28: PARAPHRASE IT!

My brothers, if one of you should wander from the truth and someone should bring him back, remember this: Whoever turns a sinner from the error of his way will save him from death and cover over a multitude of sins.

James 5:19-20 (NIV)

Read the passage several times. Then put it into your own words.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

Session 5: Pray It! Personalize It!



To Begin

- Share any insights from this past week's Daily Devotions in James.
- Describe a time when it seemed as though God spoke directly to you in the Bible. Do you have a favorite Bible verse or story? If so, what is it?



Memory Verse

Therefore, everyone who hears these words of Mine and puts them into practice is like a wise man who built his house on the rock.

Matthew 7:24 (NIV)

Watch SESSION FIVE now and take notes in your workbook or journal.



Video Lesson 5: Pray It! Personalize It!

Guard my words as your most precious possession. Write them down, and also keep them deep within your heart. Proverbs 7:2-3 (LB)

BENEFITS OF MEMORIZING SCRIPTURE

- Memorizing Scripture helps me _____.

I have hidden your word in my heart so that I might not sin against you.

Psalms 119:11 (NIV)

- Memorizing Scripture helps me make _____.

Your word is a lamp to guide my feet and a light for my path.

Psalms 119:105 (NLT)

- Memorizing Scripture _____ when I'm under stress.

Your promises to me . . . are my only hope. They give me strength in all my troubles; how they refresh and revive me! Psalms 119:49-50 (LB)

- Memorizing Scripture _____ when I'm sad.

Your words sustain me ... They bring joy to my sorrowing heart and delight me.

Jeremiah 15:16 (LB)

- Memorizing Scripture helps me _____.

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do it with gentleness and respect.

1 Peter 3:15 (NIV)

HOW TO MEMORIZE SCRIPTURE

1. Pick a _____.
2. Say the _____ before and after the verse.
3. Read the verse _____ many times.
4. Break the verse into _____.
5. Emphasize _____ in each phrase.
6. Always memorize the verse _____.

THE “PERSONALIZE IT!” METHOD OF BIBLE STUDY

Add your name to the spaces provided. Read the Scripture as though God was speaking to you.

For God so loved (_____) that He gave His one and only Son, that if (_____) believes in Him, (_____) shall not perish but have eternal life.

John 3:16

He who began a good work in (_____) will carry it on to completion until the day of Jesus Christ. Philippians 1:6

“I began a good work in you, (_____), and I will carry it on to completion.”

Philippians 1:6

“Trust in Me, (_____), with all your heart and do not lean on your own understanding. In all your ways acknowledge Me, and I will direct your paths.” Proverbs 3:5–6

“I am your Shepherd, (_____), you shall not be in want. I make you lie down in green pastures, I lead you beside quiet waters, I restore your soul. I guide you, (_____), in the paths of righteousness for My name’s sake.”

Psalms 23:1–3

Think of the Word of God as a love letter to you. God wants you to read it and get to know Him through reading His Word. Devotional reading and meditating on Scripture helps us to understand what God thinks about us and allows us to grow closer to Him!

THE "PRAY IT!" METHOD OF BIBLE STUDY

In this method, you pray the Scripture back to God as if you are saying it about yourself. Use first person singular words like, "I," "me," "my." Pray it back to God while making it personal!

Thank You, Lord, for being my Shepherd, and that I lack nothing. Thank You for making me lie down in green pastures, and for leading me beside the quiet waters. Thank You for restoring my soul. Thank You for guiding me in the paths of righteousness for Your name's sake. Psalm 23:1-3

Help me, Lord, to trust You with all of my heart and to stop leaning on my own understanding. Please give me the faith to acknowledge You in all my ways so You can direct my paths. Proverbs 3:5-6

The **Pray It!** method really makes Scripture personal. What is God saying to you? This method allows us to ask questions like: How does the verse or passage apply to my life right now? What does God want me to do about it? How can I put it into practice? What do I need to think or feel differently about? How does He want me to live from now on?

Four Factors in Writing a Good Application

Your application should be:

- _____ – First person
- _____ – Something you can do
- _____ – Something you know you can accomplish
- _____ – Measurable so you'll know when you have done it

Digging Deeper

- What stood out to you the most from the video session?
- Go back and read the Scriptures under the "**Personalize It!**" method. How does this make you feel? What stood out to you the most?
- Go back and read the Scripture under the "**Pray It!**" method. How does this make you feel? What stood out to you the most?

As a group, practice the **Personalize It!** method using 1 Corinthians 6:19-20. Insert your name into the passage and rewrite it as though God were saying it directly to you.

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honour God with your body. 1 Corinthians 6:19-20 (NIV)

- What does it mean to honour God with your body? What does it mean to you that your body is a temple of the Holy Spirit? How does knowing that you were bought with a price change the way you live your life?
- Review the four points of application. How can you honor God by treating your body as a temple of the Holy Spirit in a personal and practical way?

Living it Out

Practice the **Personalize It!** method on Micah 6:8 by inserting your name in the verse, and rewriting it as though God were saying it directly to you.

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

Micah 6:8 (NIV)

There are just two weeks remaining in 40 Days in the Word. It would be great if your group completed your **Micah 6:8 Project** before this series ends. Is anything standing in the way?

We would love to hear about your project! Ask your group's Micah 6:8 Project champion to share it with us by sending us an email to storyline@facalgary.com.

Praise & Prayer Points

During your group prayer time, practice the **Pray It!** method by praying the Scripture verses below as blessings over each other. Pray for each other's prayer requests using these verses. Don't forget to spend time praying for your group's Micah 6:8 Project.

- ***Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus.*** Philippians 1:6 (NIV)
- ***Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ.*** Philippians 1:27a (NIV)
- ***For God is working in you, giving you the desire and the power to do what pleases Him.*** Philippians 2:13 (NLT)

- *... I press on to take hold of that for which Christ Jesus took hold of me.* Philippians 3:12b (NLT)
- *Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.* Philippians 4:6-7 (NIV)
- *I can do all things through Christ who strengthens me.* Philippians 4:13 (NKJV)
- *My God will meet all your needs according to His glorious riches in Christ Jesus.* Philippians 4:19 (NIV)



Daily Devotions (Days 29-35)

If you haven't already, you can download the First Alliance Church App, "FAC Experience," tap **40 Days in the Word**, and follow the **Daily Devotions** on your device.

This week let's read the book of Philippians again. Read it with fresh eyes and "ears" to hear what God has to say to you. During your daily quiet time, use the **Personalize It!** method on each of the verses below by inserting your name in place of the nouns or pronouns and rewriting the verse as though God were saying it directly to you. Be sure to write down your thoughts and observations about how each passage applies to your life. Then pray the verse back to God. On the app, touch the **Bible** tab and you'll see the Reading Plan to follow the 40 Days in the Word **Reading Plan**.

If you miss a day, don't let that discourage you. Just pick up with the current day and keep moving forward.

FEBRUARY 8, 2016 — DAY 29: PERSONALIZE IT! PRAY IT!

Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6 (NIV)

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How does this verse apply to your life? What will you do about it?

Pray It! Pray Philippians 1:6 back to God.

FEBRUARY 9, 2016 — DAY 30: PERSONALIZE IT! PRAY IT!

Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Philippians 1:27a (NIV)

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How does this verse apply to your life? What will you do about it?

Pray It! Pray Philippians 1:27 back to God.

FEBRUARY 10, 2016 — DAY 31: PERSONALIZE IT! PRAY IT!

For God is working in you, giving you the desire and the power to do what pleases him. Philippians 2:13 (NLT)

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How does this verse apply to your life? What will you do about it?

Pray It! Pray Philippians 2:13 back to God.

FEBRUARY 11, 2016 — DAY 32: PERSONALIZE IT! PRAY IT!

... I press on to take hold of that for which Christ Jesus took hold of me.

Philippians 3:12b (NLT)

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How does this verse apply to your life? What will you do about it?

Pray It! Pray Philippians 3:12b back to God.

FEBRUARY 12, 2016 — DAY 33: PERSONALIZE IT! PRAY IT!

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 (NIV)

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How do these verses apply to your life? What will you do about it?

Pray It! Pray Philippians 4:6-7 back to God.

FEBRUARY 13, 2016 — DAY 34: PERSONALIZE IT! PRAY IT!

I can do all things through Christ who strengthens me. Philippians 4:13 (NKJV)
Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How does this verse apply to your life? What will you do about it?

Pray It! Pray Philippians 4:13 back to God.

FEBRUARY 14, 2016 — DAY 35: PERSONALIZE IT! PRAY IT!

My God will meet all your needs according to His glorious riches in Christ Jesus. Philippians 4:19 (NIV)

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How does this verse apply to your life? What will you do about it?

Pray It! Pray Philippians 4:19 back to God.

Session 6: Principles of Bible Interpretation



To Begin

- What has been one of your favourite moments over the course of this series?
- How has your daily quiet time improved over the past month?



Memory Verse

Your word is a lamp to my feet and a light for my path.

Psalm 119:105 (NIV)

Watch SESSION SIX now and take notes in your workbook or journal.



Video Lesson 6: Principles of Bible Interpretation

If you continue in my word you are My disciples indeed. And you shall know the truth and the truth shall make you free. John 8:31-32 (NKJV)

HOW TO CONTINUE IN THE WORD

- Make a _____.

If you wait for perfect conditions, you will never get anything done.

Ecclesiastes 11:4 (LB)

- Make a _____.
- Be _____.
- _____.

Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up.

Ecclesiastes 4:9-10 (GNB)

- _____ on God.

PRINCIPLES OF BIBLE INTERPRETATION

- _____ and the _____ are necessary for proper interpretation.

No one knows the thoughts of God except the Spirit of God. We have not received the spirit of the world but the Spirit who is from God, so that we

may understand what God has freely given us . . . The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned . . . But we have the mind of Christ.

1 Corinthians 2:11-16 (NIV)

But when He, the Spirit of truth, comes, He will guide you into all truth . . . He will bring glory to Me by taking from what is Mine and making it known to you. John 16:13-14 (NIV)

- The _____ is its own best _____.
- Read the _____ with the _____ in mind, and read the _____ with the _____ in mind.
- Always interpret _____ passages in the light of _____ passages.
- Don't form a _____ based solely on an _____.

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Mark 1:35 (NIV)

- Don't interpret _____ based on _____; instead, interpret _____ based on _____.

Exegesis means to draw out of the text the truth that God put there.

Eisegesis is to read into the text some idea or theory that you want to see there.



Digging Deeper

- What stood out to you the most from the video session?

As a group, review the six methods of biblical meditation using this week's **Memory Verse:**

Your word is a lamp to my feet and a light for my path. Psalm 119:105 (NIV)

- **Pronounce It!** Which word stands out most prominently to you?
- **Picture It!** What do the phrases "lamp to my feet" and "light for my path" look like to you?

- **Probe It!** Use the S.P.A.C.E.P.E.T.S. questions from Session Three.
 - **Paraphrase It!** Put it into your own words. Can you think of other metaphors to use?
 - **Personalize It!** Insert your name in place of the first-person pronouns; then rewrite it again, as though God were saying it directly to you.
 - **Pray It!** Take a moment and pray this verse back to God, thanking Him for the direction, wisdom, strength, and comfort you find in His Word.
-
- What method of Bible study did you find to be the *most helpful*?
 - What method of Bible study will you *continue to practice*?
 - What Scriptures have had an *impact on your life* over the course of this series?
 - What are your *next steps* after today?

Living it Out: The Micah 6:8 Project

We pray your **Micah 6:8 Project** will be the starting point of a lifestyle of service for your group and for you as an individual. Our hope is that you will look back after these 40 days and not say, “Look at what we did,” but rather, “Look at what we started!”

- What can you or your group do to continue reaching out to your community with the love of Jesus Christ?

Praise & Prayer Points

Before you pray for each other’s requests, spend a few minutes offering prayers of thanks for what God has done in your life during 40 Days in the Word. Pray for each other’s prayer requests.



Daily Devotions (Days 36-40)

If you haven't already, you can download the First Alliance Church App, "FAC Experience," tap **40 Days in the Word**, and follow the **Daily Devotions** on your device.

This week let's read The Book of Philippians again. Read it with fresh eyes and "ears" to hear what God has to say to you. During your daily quiet time, use the **Personalize It!** method on each of the verses below by inserting your name in place of the nouns or pronouns and rewriting the verse as though God were saying it directly to you. Be sure to write down your thoughts and observations about how each passage applies to your life. Then pray the verse back to God. On the app, touch the **Bible** tab and you'll see the Reading Plan to follow the 40 Days in the Word **Reading Plan**.

If you miss a day, don't let that discourage you. Just pick up with the current day and keep moving forward.

FEBRUARY 15, 2016 — DAY 36: PRONOUNCE IT!

Psalm 1:1-6

Select a verse from Psalm 1. Read the entire verse several times, stopping after each word or phrase to write down your thoughts.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 16, 2016 — DAY 37: PICTURE IT!

Psalm 1:1-6

Picture the imagery of the Psalm.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 17, 2016 — DAY 38: PROBE IT!

Psalm 1:1-6

Use the S.P.A.C.E.P.E.T.S. questions for this passage. You might not be able to answer every question. Don't force it. If you can't think of an answer, just move on.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 18, 2016 — DAY 39: PARAPHRASE IT!

Psalm 1:1-6

Read the passage several times. Then put it into your own words.

Apply It! How do these verses apply to your life? What will you do about it?

Your prayer . . .

FEBRUARY 19, 2016 — DAY 40: PERSONALIZE IT!

Psalm 1:1-6

Insert your name into the Scripture and rewrite the verse as though God were saying it directly to you.

Apply It! How do these verses apply to your life? What will you do about it?

Pray It! Pray Psalm 1 back to God.



Micah 6:8 Project

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6:8 (NIV)

There is so much going on in our city and there is so much opportunity to share the love of Jesus with those around us. This next section is a list of the First Alliance Church internal and external partners you can connect with to find opportunities to serve. Feel free to come up with ideas of your own; we've listed some to help get you started.

If you have a project that needs resources, talk to one of our pastors to get things going. Visit facalgary.com/contact for a staff listing.

Micah 6:8 Project Ideas



FAC Internal Ministries

1. Join the **Tool Team** – repairs for those who cannot afford help, physically disabled etc.
2. Help out with **Oil Change Days** – basic car maintenance for those who cannot afford it.
3. Be a part of our **Show N Shine** – community event (July 2016)
4. Serve food at the **Sherwood Breakfast Store** – breakfast for low income students.
5. Help out with **Backpack for Kids** – preparing backpacks for local children who are unable to afford their yearly school supplies.
6. Volunteer with **Inn From the Cold** – first and third Monday /Tuesday of the month. We house and feed homeless people at the church.
7. Check out our **Adoption/Foster Care Ministries** – monthly meetings, training and playgroups for families with adopted or foster care children or for families who are considering becoming adoptive/foster care parents.

FAC Partnerships/External Ministries

8. **Seasonal Drives** (food drives, toys, clothing etc.) – partnering with local schools, food shelf etc.
9. Collect money for **Pregnancy Care Centre's Formula 4 Hope** bottle drive (money) from Mother's Day to Father's Day.
10. **Food Hampers** – collect food items for people living in poverty (Mustard Seed, Victory Outreach Centre)
11. **Sonshine Community Services**
12. **Calgary Dream Centre**
13. **IJM** (International Justice Mission) – seeking justice for the nations (slavery, sex trafficking, abuse, violence etc.)

Other Options

14. **Ask our mayor or a city official** about your community's greatest needs and what you could do to address them.
15. **Cook a meal** for an individual or family who is sick, recovering from surgery, recently had a baby, etc.
16. **Make cards for seniors** in a nursing home or convalescent facility.
17. Volunteer to spend time with children at a local **YMCA** or **Boys' & Girls' Club**.
18. Mow the grass, shovel snow, or clean up the yard for your **neighbour**.
19. **Offer to babysit for a neighbour** so that they can have a date night.

20. **Collect unused makeup, perfume, and other cosmetics** for a center for abused women
21. Volunteer at your **library** or **local school** to help a child learn how to read.
22. Assemble a **new parents' kit** for the arrival of a newborn.
23. Bring comfort and relief to patients and caregivers by volunteering through a **local hospice agency**.
24. Teach classes or tutor those who are learning **English as a second language**.
25. Contact the local **fire and police department** to find out how you can bless the servicemen and women in your community.
26. **Sports clubs** are often responsible for upkeep on their fields. Offer to help clean up their sports/recreation areas.
27. **Bake some cookies** for a neighbour that you haven't met as a means to introduce yourself.
28. **Create hygiene kits** (toothbrush & toothpaste, shampoo, etc.) and give them to homeless individuals or families in your community.
29. Contact your city's **juvenile court system** and offer to mentor an adolescent on probation.
30. Host or participate with a **vocational training** for community members out of work.
31. Volunteer at a local agency that works with **children with disabilities**.
32. **Help a neighbour** make repairs to their property or home that they are unable to do themselves.
33. Sign up to serve as a **"Big Brother" or "Big Sister."**
34. **Clean up trash** at a park or along the river.
35. Contact a local **school principal** to find out how you can best serve their school.
36. Spend time **visiting with seniors** in a nursing home or assisted living facility.
37. Look at your city's **community events calendar**, pick an event, and find out how you can serve at it.
38. Offer to **pick up groceries** with/for a senior citizen.
39. Make "Get Well" cards for kids in a local **children's hospital**.
40. Get permission from city officials to **paint a community mural**.

***H**e has shown you, O mortal, what is good.
 And what does the Lord require of you?
 To act justly and to love mercy and to walk
 humbly with your God. Micah 6:8 (NIV)*

40 Days in the WORD

... *What's Next?*

Here are some **Next Steps** for you to build on the foundation you have laid in the last 40 days:

- **Continue in a new Bible reading plan:** Visit Bible.com for a range of plans and an app for your device to help you stay in the Word.
- **Join a Small Group** to continue exploring the Bible in community: Stop by the Connect Desk on Main Street to find out more.
- **Look into formal study** at Ambrose University: www.ambrose.edu

Online Devotional Resources



You Version

A great app with multiple Bible translations plus a wide range of Bible reading plans.

<https://www.bible.com/reading-plans>



BibleGateway

A range of daily reading plans and devotionals categorized by men, women, families and more.

<https://www.biblegateway.com/devotionals/>



Bible in One Year

Read the Bible in one year with commentary from Nicki & Pippa Gumbel (Alpha) <http://www.bibleinoneyear.org/>

Online Study Tools



Blue Letter Bible

Blue Letter Bible provides powerful tools for an in-depth study of God's Word through our free online reference library, with study tools that are grounded in the historical, conservative Christian faith.



Bible.org

Free access to the finest, most trustworthy biblical truths and materials. Access the NET Bible with its 60,000+ notes for free to the world and free access to Lumina, the best Bible reading and study tool available online.

Extra Resources



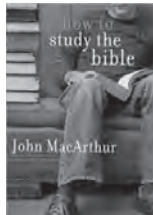
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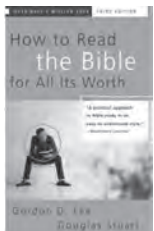
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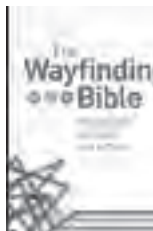
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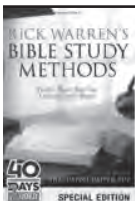
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To find out more about the Bible study methods used in this workbook and other methods check out:

Warren, Rick. *Rick Warren's Bible Study Methods: Twelve Ways You Can Unlock God's Word*. Grand Rapids, Mich.: Zondervan, 2006.

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