



Ever Googled, "How to forgive ..."? It's natural to want forgiveness, it's a lot harder to extend it to someone when we've been hurt – especially by another believer. Why is asking for forgiveness such a big deal, anyway?

- Open with prayer.
- If your group is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

What's one thing you're looking forward to in the future? Share something new or a highlight from this past week.

REVIEW

Open your Bibles and read from **Matthew 6:14-15 & Colossians 3:12-14**.

- Share your favourite points from the weekend sermon. What spoke to you?
- Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- What does forgiveness mean to you?
- What is your experience of forgiveness?
- What characteristics might indicate that someone hasn't fully forgiven past hurts?
- Is there someone in your life whom you need to forgive? What is keeping you from forgiving that person?
- Is there someone in your life that you need to ask for forgiveness?
- How could extending forgiveness heal a relationship? How might it heal the other person? How might it heal you?
- How has forgiveness found in Jesus changed your life?
- How do these verses apply to your life? What will you do about it?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests.

THE APOSTLES' CREED

Close by reading the Apostles' Creed:

I believe in God the Father almighty, creator of heaven and earth.

And in Jesus Christ, his only son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontus Pilate, was crucified, died, and was buried.

He descended to hell, on the third day rose again from the dead, ascended to heaven, sits at the right hand of God the Father almighty, thence he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.