

Nº 3

Ingredients *for* Life

Thank God

Rejoice always, pray continually,
give thanks in all circumstances;
for this is God's will for you
in Christ Jesus.



It's no secret that gratitude is one of the main ingredients for a good life. But what sets apart our thankfulness as Christ-followers? Are we supposed to be thankful for every circumstance, even when life is hard?

- Open with prayer.
- If your groups is new, give everyone time to introduce themselves.

CONVERSATION STARTERS

- What's one thing you're looking forward to in the future?
- Share something new or a highlight from this past week.

REVIEW

Open your Bibles and read from **1 Thessalonians 5:16-18**.

- Share your favourite points from the weekend sermon. What spoke to you?
- Share a phrase or moment that you related to the most, or a question you may have from the weekend.

DISCUSSION QUESTIONS

- What's something that you are thankful for from this past week?
- What have others done in your life that you're grateful for?
- What does it mean to "give thanks in all circumstances"?
- What's a hard lesson that you were grateful to learn?
- What sets apart our thankfulness as Christ-followers?
- How has God been faithful to you in the past year?
- How do these verses apply to your life? What will you do about it?

PRAISE & PRAYER POINTS

Share what God is doing in your life and spend some time praying for each other's prayer requests.