

PRAYING THROUGH THE 10 COMMANDMENTS

I. You shall have no other gods before Me.

Lord, I detach myself from all things outside of You that compete for my ultimate affection.

II. You shall not make for yourself an idol.

Help me not to shape You according to my own fears and ideas, but to trust and follow You, like Abraham, into the unknown.

III. You shall not misuse the name of the Lord your God.

Enable me to represent You well in every conversation and interaction.

IV. Remember the Sabbath day by keeping it holy.

Prepare me that I may rest from all my works each day and set apart a day to put away all earthly anxieties to delight in You.

V. Honour your father and your mother.

Help me to honour my parents appropriately. May I remember that the same way I treat them, I may be treated some day.

VI. You shall not murder.

May my interactions today with others, and my words, bring life and not death, edify and not tear down.

VII. You shall not commit adultery.

Free me to live purely, rightly and respectfully to myself and others.

VIII. You shall not steal.

Help me not to be greedy but to share joyfully with others.

IX. You shall not give false witness.

Lord, help me to walk in the truth and to avoid false assumptions about other people and situations — not only in my own mind, but in my conversation with others.

X. You shall not covet.

May I love You above all else because "Your love is better than life." (Ex.20:1-17)

